### Department of Behavioral Health and Nutrition

### MINOR: PUBLIC HEALTH

### Minimum Credits in the Minor: 18, with 3 prerequisite STAT credits

Public Health is the science and art of preventing disease, prolonging life, and promoting health through the organized efforts and informed choices of society, organizations, public and private sectors, communities and individuals. A joint program between the **Department of Behavioral Health and Nutrition** and the **School of Public Policy and Administration**, the Public Health minor provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems and policy as well as leadership. This minor offers a greater appreciation for the application of public health concepts to the student’s field of study.

The minor, available to students of all disciplines, requires 18 credit hours distributed as follows: Three required core courses (9 credits), and three elective courses (9 credits). At least six of the nine elective credits must be chosen from outside your major. **All courses in the minor must be completed with a C- or better.**

**REQUIRED CORE COURSES – 9 credit hours:**

**HLPR/UAPP211** Intro to Public Health (fall/spring)

**HLPR/UAPP233** Intro to Global Health (fall/spring)

**HLPR/UAPP222** Intro to Epidemiology\* (spring; Prereq stat class: see below)

**ELECTIVE COURSES – 9 credit hours:** *one 3-credit course from each of the following categories. One of the three electives may be taken from within student’s major.*

**Program Development – 3 credits**:

**BHAN332** Hlth Behavior Theory & Assessment\*

**BHAN490** Devmnt of Hlth Promotion Progms\*

**HDFS230** Families and Their Communities

**HDFS346** Counseling in Human Services \*

**HDFS347** Prgrm Development & Eval \*  
**HLPR610** Health and the Media

**NURS382** Communities and Health \*

(2 credits; open only to nursing students)

**Social Systems and Policy – 3 credits:**

**ECON311** Economics of Developing Countries\*   
**ECON343** Environmental Economics \*   
**ECON390** Economics of Healthcare \*   
**ECON490** Economics of Health Policy \*   
**HDFS402** Child and Family Policy \*   
**SOCI311** Sociology of Health and Illness   
**SOCI349** Aging and Society   
**UAPP110** Changing the World & Public Policy

**UAPP225** Crafting Public Policy

**UAPP325** Public Policy Analysis

**UAPP410** Making Convincing Policy Arguments

**UAPP419** Policy Leadership and Ethics

**UAPP427** Evaluating Public Policy

**UAPP657** Health Policy

**WOMS 389**: Topics: Women Health Issues

**Leadership – 3 credits:**

**BHAN329** Dynamics of Team Problem Solving

**COMM330** Communication and Interpersonal Behavior

**LEAD100** Leadership, Integrity and Change

**LEAD101** Global Context for Leadership

**LEAD200** The Leadership Challenge   
**LEAD300** Leadership, Creativity and Innovation \*

**LEAD400** Leadership for the Common Good \*

***Admission:*** *Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform “Change Major, Minor...” Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Mia Papas,* [*mpapas@udel.edu*](mailto:mpapas@udel.edu)*, 831-4990.*

Stat class options - STAT200, MATH201, MATH205, BHAN326, SOCI301, STAT408 or PSYC209

\* These courses have prerequisites